



2020 - 2023 **IMPACT REPORT**

A Comprehensive Three Year Overview of Income and Impact in our Community from July 2020 to June 2023.

WELCOME MESSAGE

Welcome to Meals on Wheels, where our legacy is built on a foundation of compassion, community, and dedicated service. It's not just about filling stomachs; it's about enhancing quality of life, empowering individuals to live independently, and enabling them to thrive in the comfort of their own homes.

Our mission is simple yet profound: to provide nourishing meals and essential support to those who need it most. We've become an integral part of the lives of over 2,000 seniors and adults with disabilities throughout the Lehigh Valley.

Our commitment to making a difference is reflected in the extensive reach of our operations. With a network of 90 daily delivery routes, we strive to bridge gaps and provide essential nourishment directly to the doorsteps of those we serve.

Our services reach various corners of our community. We've established eight convenient pickup locations for our dedicated volunteers. These locations serve as hubs of generosity, where volunteers gather to contribute to our shared mission.

Our volunteers aren't just delivering food — they're delivering smiles and companionship. The human touch, the warmth of a friendly conversation, and the knowledge that someone cares can be as vital as the nutrients in the meals we provide.

“ The volunteers are fantastic and they give my life purpose. ”

CLIENT IMPACT STORY

Alma's passion for baking has become a beacon of purpose in her life. Faced with the constraints of age and limited mobility, she has found solace and joy in the simple act of creating delicious treats. The aroma of fresh batches fills her kitchen each morning, providing a comforting routine that transcends the challenges she navigates. Alma's resilient spirit shines through as she not only bakes for herself but generously shares her baked creations with MOWGLV volunteers and neighbors. In the warmth of her oven, Alma has discovered a source of fulfillment, transforming her daily rituals into moments of connection and purpose.

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Our staff prepared
932,970
MEALS
From July 2020 - June 2023



We have served
3,282
CLIENTS
From July 2020 - June 2023

“ The volunteers give me purpose to be here, what else would I be here for? ”

ALMA
MOWGLV Client



OUR HISTORY

Meals on Wheels of the Greater Valley's history dates back to 1970, when a task force of concerned citizens began meeting with Lehigh County Commissioners to address the problem of malnutrition among seniors.

On Feb. 1, 1971, 50 volunteers from Meals on Wheels of Lehigh County delivered a hot meal and cold bagged meal to nine clients on three separate routes. The Mayor of Bethlehem's Task Force on Health and Welfare started Meals on Wheels of Northampton County (then called Bethlehem Area) to provide nutritious and well-balanced meals Monday - Friday to seniors, homebound individuals, and adults with disabilities. Under the direction of Board President Dr. Edwin Frey, the Meals on Wheels board and staff began serving meals to 15 clients on Valentine's Day, 1972.

In the fall of 2016, the Board of Directors from both organizations began to meet to explore the possibility of a merger. A synergy grant from the Lehigh Valley Community Foundation and the United Way of the Greater Lehigh Valley fueled this process. After two years of collaboration and three distinct phases of planning, Meals on Wheels of the Greater Lehigh Valley officially began on Sept. 1, 2018. In 2019, the organization expanded into southern Carbon County.

As we look back on our rich history, we recognize that our success is not just measured in years but in the lives touched and the connections forged. Meals on Wheels is more than a service; it is a community of dedicated individuals, volunteers, and clients coming together to make a meaningful impact. Join us in celebrating our history, embracing our present, and building a future where every individual is valued and cared for. Together, we continue to write the story of Meals on Wheels, one meal, one connection at a time.

OUR MAIN OFFICE

1302 N. Sherman Street
Allentown, PA 18109



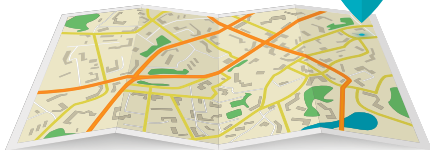
VOLUNTEER STATISTICS 2020-2023

Our mission relies on the steadfast support of compassionate individuals in our community. With a dedicated army of 900 caring people, our volunteers are the heartbeat of our organization. To ensure our services reach those in various corners of our community, we've established eight convenient pickup locations for our dedicated volunteers. These locations serve as hubs of generosity, where volunteers gather to contribute to our shared mission. With a network of 90 daily delivery routes, we strive to bridge gaps and provide essential nourishment directly to the doorsteps of those we serve. Each route represents a story, a connection, and a lifeline to those who rely on our services.

900
VOLUNTEERS

We have **90 DAILY**
DELIVERY ROUTES

Our volunteers drove
1,055,139
MILES



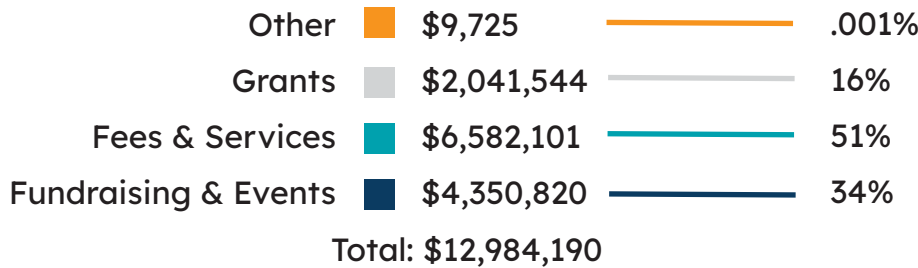
VOLUNTEER PICK-UP LOCATIONS

- 1 Allentown Main Office**
MOWGLV
1302 N Sherman Street
- 2 Allentown**
Asbury United Methodist Church
1533 Springhouse Road
- 3 Bangor**
Senior Center, Blue Valley Farm Show Building
707 American Bangor Road
- 4 Bethlehem**
First Presbyterian Church
2344 Center Street
- 5 Bowmanstown**
St. Luke's Innovations
512 Bank Street
- 6 Cherryville**
Hope Lutheran Church
4131 Lehigh Drive
- 7 Easton**
Green Pond United Methodist Church
4411 Green Pond Road
- 8 Nazareth**
Dryland United Church of Christ
4415 Newburg Road

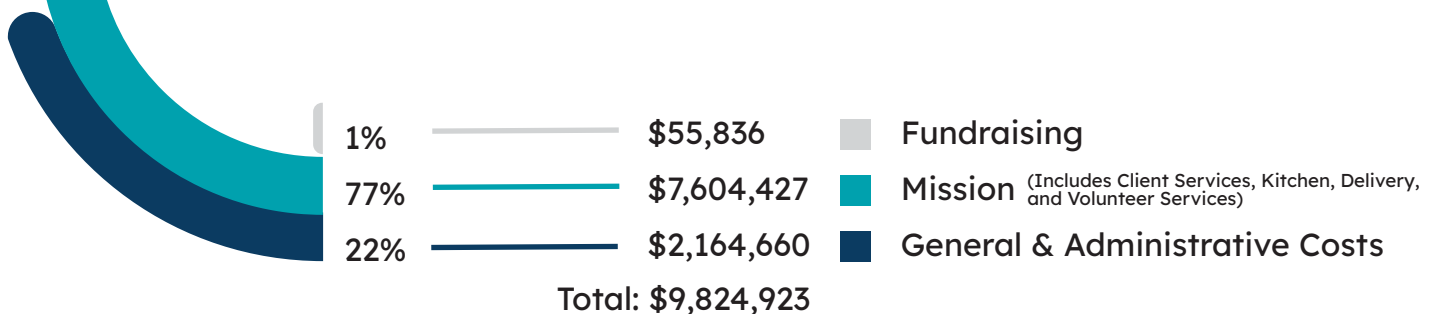
OUR STATISTICS 2020-2023

Since July 2020, Meals on Wheels of the Greater Lehigh Valley has served over 3,282 clients throughout Lehigh, Northampton and southern Carbon Counties. The information below provides a snapshot into our overall income and expenses from July 1, 2020 through June 30, 2023.

REVENUE 2020-2023



EXPENSES 2020-2023



23%

23% increase in production from 2022 to the 2023 calendar year.

IMPACT STORY

Having served as a dedicated board member for Meals on Wheels of the Greater Lehigh Valley (MOWGLV), I honestly thought I understood every aspect of the organization. However, my perspective underwent a profound shift one early spring day in 2023. With the flexibility in my schedule as an independent consultant, I volunteered to take on meal deliveries, especially given that the pickup location is just a minute away from my house. Although I have delivered a route or two over the years, this particular experience marked a pivotal moment, sparking a renewed appreciation and deep realization of the significance of Meals on Wheels' mission. It became undeniably evident to me that its impact extends far beyond providing a warm meal to our senior population.



JAMES GOLD
MOWGLV Board Member



...this particular experience marked a pivotal moment, sparking a renewed appreciation and deep realization of the significance of Meals on Wheels' mission. It became undeniably evident to me that its impact extends far beyond merely providing a warm meal to our senior population.



There's a particular day etched in my memory—one that resonates deeply. During a meal delivery, I encountered a client of similar age, in his late 40s. Medical issues linked to obesity had confined him to his home which ultimately led to his unemployment. To qualify for a gastric bypass procedure, his doctor requested that he lose weight and change his diet. As a MOWGLV client for six months, he had a remarkable weight loss of nearly one-third of his body weight which met the criteria for bypass surgery. Healthy nutritious meals, portion control and exercise, all in lieu of medical intervention, proves that MOWGLV is more than a meal.

Since last spring, my commitment to delivering meals on a monthly basis has deepened my understanding of the challenges faced by our clients. This experience has not only broadened my perspective on the individuals we serve but has also enriched my personal life.

I feel the impact that both the hundreds of MOWGLV volunteers and I have on someone's life when we knock on a client's door and a smile greets a smile. The majority of our clients are declining in health and struggling to live independently. The interaction MOWGLV provides every day of the week is a critical ingredient for our clients to remain independent in their homes and the peace it provides families to know their loved ones are being taken care of. I have always enjoyed serving as a board member at MOWGLV, now I am proud to say I am a meal delivery volunteer too.

OUR DONORS

Each donation is a testament to the power of community, compassion, and the belief that every person, regardless of age or circumstance, deserves to live a life of comfort and dignity. Each contribution makes a tangible difference in the lives of those we serve, and we are immensely grateful for their trust in our mission.

\$500,000+

United Way of the Greater Lehigh Valley

\$100,000+

Estate of Gertrude Fairchild

Fleming Foundation

John A & Margaret Post Foundation

\$75,000+

Davis & Smith Family Foundation

Elaine Emrick

Jeanne & Steve Follett

\$50,000+

Dexter F & Dorothy H Baker Foundation

Capital Blue Cross

Lehigh County

Northampton County

Scaife Family Foundation

Shaffer Family Charitable Trust

Donald B & Dorothy L Stabler Foundation

Grace & Albert Zeky Memorial Endowment

\$25,000+

Air Products & Chemicals Inc Foundation

Kristen & Robert Bennett

Catholic Human Services Foundation

Michael Gausling

Highmark Blue Shield

\$25,000+ continued...

Charles H Hoch Foundation

Keystone Savings Foundation

RK Laros Foundation

Lutron Foundation

The Martin Guitar Charitable Foundation

Estate of Florence S McLean

Sanofi US

Michelle & Vince Sorgi

St Lukes University Health Network

Vanguard Charitable Endowment Program

Wells Fargo Foundation

Estate of June S Wentz

\$20,000+

Verna O Canova Foundation

Dual Temp Company Inc

Just Born Inc

Meals on Wheels America

Northampton County Bar Association

Sylvia Perkin Perpetual Charitable Trust

Frances Tanaka & David Romanelli

Nancy Schaadt

Two Rivers Health & Wellness Foundation

\$15,000+

Judie Bengston

\$15,000+ continued...

Bonnie & Robert Burdette

Century Fund

Erie Insurance Group

Cindy & Gregg Feinberg

Beall Fowler

Suzanne & Michael Kroboth

Lower Macungie Township

Night Vision Devices Inc

South Whitehall Township

Trumbower Hospital Foundation

Upper Macungie Township

Wind Creek Bethlehem

\$10,000+

Boyle Construction Inc

Estate of Stephen Congilio

Joanne & David Davis

Jane E Fisher Charitable Trust Foundation

Don Follett

Gant Family Foundation

Debbie & Jim Heeps

Julius & Katheryn Hommer Foundation

Dorothy Jarosik

Hammi & Denise Kapoor

Lehigh Valley Jewish Federation

Laura Lilienfield

Mary Sues & Frank Malvezzi

\$10,000+ continued...

Beatrice & George Naumann
 Olympus Corporation of America
 Optum Business Services
 PPL Corporation Foundation
 Marci Reinert
 Phyllis & Robert Santo
 Spiro Special Gift Fund
 Barbara Troyan
 Wawa Foundation

\$5,000+

AllOne Foundation
 Asbury United Methodist Church
 Bartlett Foundation
 Bedford Foundation
 Mary Bogle
 Jeff Broadhurst
 Brown-Daub Charities
 Buckno Lisicky & Company
 Robert Bury
 Miriam & Mark Chaiko
 Jhansi & Raj Chowdary MD
 George J Conly III
 Crayola Inc
 Frank Cygler
 Carolyn & Andy Daub
 Jill & Al Douglass
 Lauren & Mark Fine
 S Geiger
 Goodcoin Foundation
 Estate of Shirley F Gross
 Gwen Hepler
 Fred J Jaindl Family Foundation
 Estate of Irene C Keller

\$5,000+ continued...

Robert P. Kelly Family Foundation
 Lehigh Valley Health Network
 Lutheran Church of the Holy Spirit
 Mack Trucks Inc
 Karen & Larry Oesch
 Optum Services Inc
 People First Federal Credit Union
 PNC Foundation
 Provident Bank Foundation
 QVC Inc
 William F & Virginia O Schlechter Charitable Fund
 Pat & Bob Schoenen Jr
 Ann Scott
 Shafer Family Charitable Trust Foundation
 Marcia & Frederick Squire
 Bill Sugra Memorial Fund
 Upper Milford Township
 Williams Township
 Jean & Jack Wilson

\$2,500+

AARP, Allentown Chapter 5415
 American Bank
 Ameriprise Financial
 George & Judith Arangio Foundation Trust
 Ilene Baumann
 Paumini & Bankim Bhatt MD
 Barbara Bigelow
 Anita & Gregory Binder
 Marjorie & Eduardo Blanco

\$2,500+ continued...

Ross J & Wendy G Born Family Charitable Trust
 Irene & William Brown
 Robert Brozenske
 Angie & Hugh Carlin MD
 Sharons & Peter Christian
 Thomas Christman
 Citizens Hose Company
 College Hill Presbyterian Church
 Colligas Family Markets LP
 Diakon Lutheran Social Ministries
 Robert Dragotta
 Duggan & Marcon
 Edge Restaurant Bar & Lounge
 Embassy Bank
 Nancy Greg Falkenbach
 Carlos Fazenda
 Fidelity Brokerage Services
 Fritz Memorial United Methodist Church
 James Gold
 Greater Lehigh Valley Independent Practice Association Inc
 Green Knight Economic Development Corp
 Hanover Township of Lehigh County
 Suzanne Harries
 Hartford Insurance Company
 Pam & Sean Hartnett
 Cynthia & Kevin Harwick
 Terese Heidenwolf
 Frances Heussman
 HindlePower Inc
 Joe Hoffmeier

\$2,500+ continued...

Michael Ippoliti
Jeras Corporation/
Graystones Preserve
Jerusalem Lutheran
Congregation of Western
Salisbury Church
Mary & Douglas Johnson MD
Kyle David Group
Robert Kelly II
Phyllis Kempf
Gloria Kern
Charles & Figa Kline
Foundation
Howard Kuritzky
Rosemary & Scott Lamaestra
Kim Laurito
Mary Anns Lang
Lehigh Valley Community
Foundation
Andrew Lisicky
Peter Locke
David Long
Lower Saucon Township
Kathleen & John MacDonald
Jane Pearson & Rev. Ray
Malec
Marley Fund of the
Philadelphia Foundation
Bruce Marsh
Ulla Martz
Debra & Michael McGrail
Debbies John Mehler
Stephen Melnick
Cindy & John Merritt
Leo Miller
Noreen & Jeff Mohler
Anne & John Ochs

\$2,500+ continued...

Neda & Michael Olivares
Peter Olsen
Phoebe Ministries
Toni & Robert Price
Quanex Foundation
Kim & Ronald Reybitz
Betty Jo Richards
John Sagi
Salisbury Township
Caroline J Sanders Trust #2
Michael & Amy Santanasto
Alice Schaffer
John Schneider
Carol & William Schwartz
Seipstown Grange #1657
Phyllis Serfass
Linda Signarovitz
Diane & Terry Slager
Yvonne Edward Spitzer
St Johns Evangelical Lutheran
Church
Target Corporation
Union United Church of Christ
Univest
Upper Mount Bethel Township
Bruce Waldman
Waldman Family Charitable
Trust
Robert Wallace
Annemarie & Edward Weist
Whitehall Township
Joan & Gene Witiak VMD
Donna & David Zimmerman

STAFF AND BOARD OF DIRECTORS

Thank you to the individuals who dedicate their time, skills, and resources to support MOWGLV.

STAFF

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Chief Executive Officer

Nick Nonnemacher
Director of Food Services

Dina Kovats-Bernat
Director of Development and Communications

Pat Peters
Director of HR, IT, and Facilities

Monica McCandless
Director of Community Care Services

Dawn Stillwagen
Director of Volunteer Services

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Christina Lewis, MPH, BSN, RN
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Lea Grigsby
Better Homes and Gardens Valley Partners, Realtor®; Moravian University, First Lady

Cindy Merritt, CPA
Buckno Lisicky & Co.



MESSAGE FROM OUR CEO, ERIK MCGAUGHEY

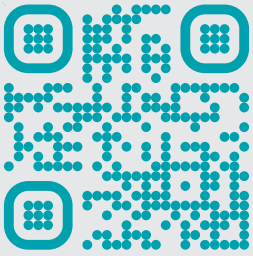
Each day, our growth allows us to reach and serve an increasing number of people in the Greater Lehigh Valley. We are hitting all-time highs in the amount of meals produced and clients served. As the need continues to grow, so does our commitment to expanding our reach. This is only made possible by the support of our incredible volunteers and community partners. Thank you for your continued support that enables us to make a meaningful impact on the lives of those we have the privilege to serve each and every day.

- Erik McGaughey



Your support helps us further our mission of ensuring home-bound clients are well-fed with hot, nutritious meals so they can remain living independently for as long as possible. Thank you on behalf of all those whom we have the privilege of serving every day.

Scan the QR Code
to learn more about
Meals on Wheels.



CONTACT US



610-691-1030



support@mowglv.org



www.mowglv.org



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Allentown, PA 18109