

Spring into Giving

FOOD DRIVE

BrightStar Care of Stroudsburg & Allentown, Amedisys Hospice and Meals on Wheels of the Greater Lehigh Valley are partnering with Friends of Pete to host a “Helping Hour” to benefit one of our local food banks. Join us for an afternoon of networking, snacks, prizes, and tastings courtesy of Bar H, Sherman Street Brewery and Tolino Vineyards. There will be local businesses and organizations on hand from the Midway Manor Community.

When:
Wednesday, May 22
4:00 to 7:00 pm

Where:
Meals on Wheels of the Greater Lehigh Valley
 1302 N. Sherman St.
 Allentown, PA 18109

Benefitting:

Meals on Wheels of the Greater Lehigh Valley
 and
ProJeCt of Easton

Thank you to our Sponsors!



38 YEARS



HEALTH CONSULTING SERVICES



FOOD DRIVE ITEMS:

- ✓ Cereal - low sugar (Cheerios, Honey Nut Cheerios or Rice Krispies) - indiv. cups
- ✓ Quaker Instant Oatmeal Flavor Variety 10 Packets per box
- ✓ Peanut butter - indiv. cups or pouches
- ✓ Low Sodium Vegetables - easy open 15.25 oz can
- ✓ No salt added green beans - easy open 14.5 oz can
- ✓ Tuna or chicken in pouch
- ✓ Reduced sodium chicken noodle or vegetable soup in easy open 18.5 oz can
- ✓ Fruit in easy open can or fruit cups in light syrup
- ✓ Shelf stable milk - indiv. boxes
- ✓ Peanut butter crackers

More information: mowglv.org

